

From the FRCOG Public Health Team:

With COVID-19 still out there, it is important to take precautions. The FRCOG website has up-to-date information on what to do if you are exposed to or test positive for COVID-19: <https://frcog.org/covid>. **No internet? Give us a call: 413-774-3167 ext. 206.**

Free treatment options for COVID-19 are available and can help prevent hospitalization and reduce the chance of severe disease. Treatment is available for people who are at increased risk of severe disease, test positive for COVID-19, and have symptoms, even mild ones like runny nose or cough. If this applies to you, contact your medical provider to see if oral medication (anti-viral pills) or monoclonal antibodies (IV) would be an option for you.

The sooner you start treatment after getting sick, the better. Most treatments need to be started within 5 days of symptoms starting. Treatments are widely available at local pharmacies and need to be prescribed by your medical provider.

If you have a weakened immune system or are unable to get vaccinated due to severe reaction to prior COVID vaccination, contact your provider to see if the preventative medication, Evusheld, could be taken by you before a COVID infection.